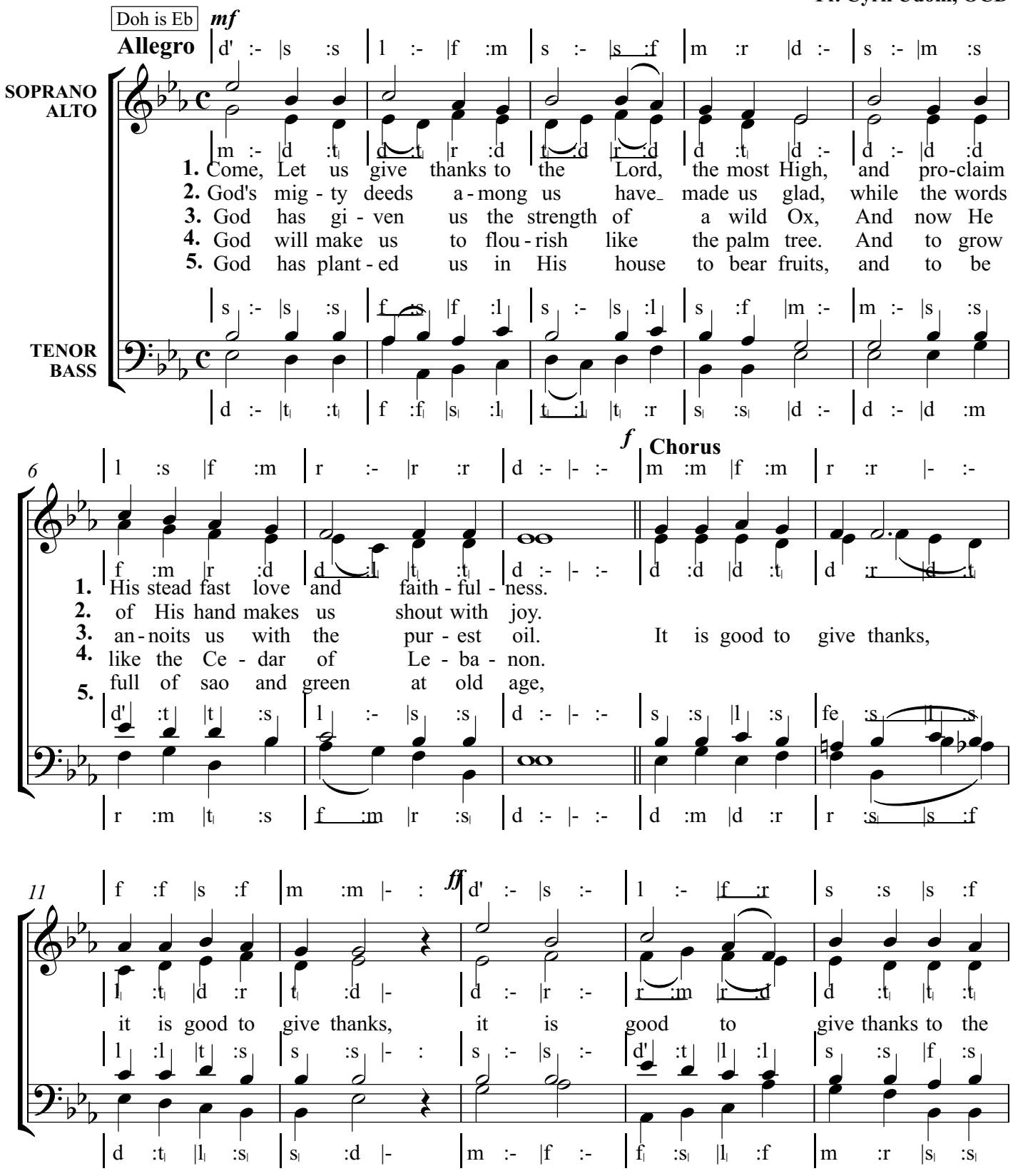
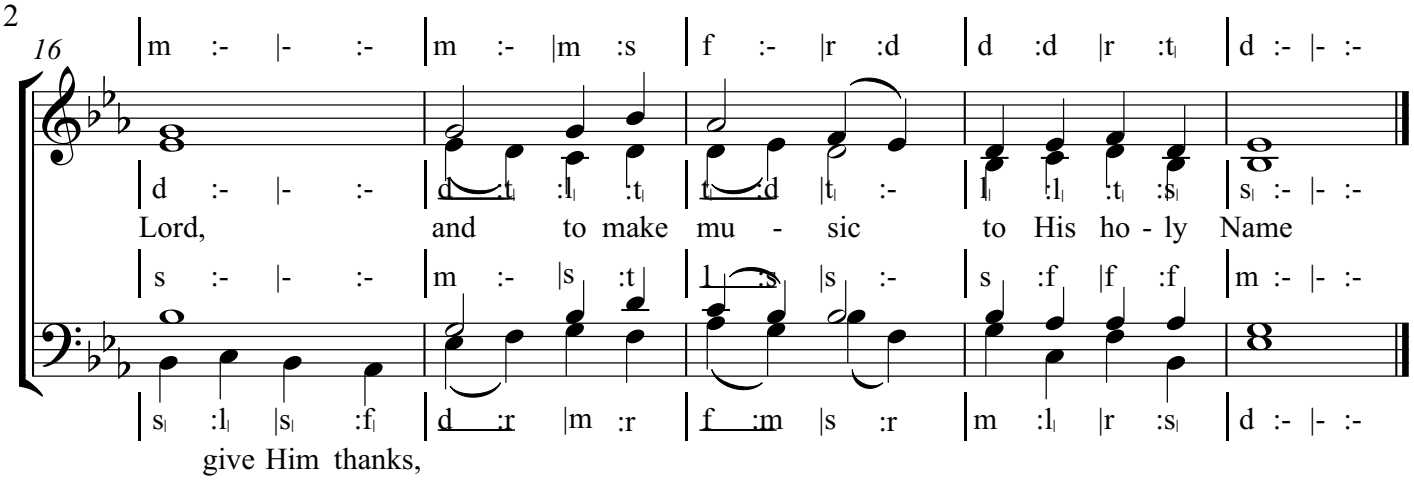
IT IS GOOD TO GIVE THANKS

Fr. Cyril Udom, OCD





Composed for the 2024 Annual Carmelites Pilgrimage, at the Sanctuary of Our Lady of Mount Carmel, Nuskka, July 13-16, 2024